



## 30-Day Prompt & Exercise Series

### *Daily AI Literacy Reinforcement*

These short daily prompts are designed to reinforce concepts across modules. They may be completed with or without AI tools.

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#### **Week 1 — Understanding & Clarity**

1. Write what AI *is* in one sentence.
  2. Write what AI *is not* in one sentence.
  3. Describe a tool you use that does not define your creativity.
  4. Identify one fear you have heard about AI.
  5. Rewrite that fear as a question.
  6. Define authorship in your own words.
  7. Reflect: How does understanding reduce fear?
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#### **Week 2 — Authorship & Choice**

8. List five creative decisions you made today.
  9. Identify a moment where rejection shaped your work.
  10. Write about a tool you rely on—and why it doesn't replace you.
  11. Describe intention before execution.
  12. Curate three things: keep one, reject two.
  13. Reflect on why you rejected the others.
  14. Write an artist statement about a choice you made.
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### **Week 3 — Ethics & Responsibility**

15. Define ethical responsibility in art.
  16. Describe a boundary you want to maintain.
  17. Reflect on transparency in your practice.
  18. Write about inspiration vs imitation.
  19. Identify who is accountable for your work.
  20. Imagine explaining your process to a peer.
  21. Write what integrity means to you.
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### **Week 4 — Confidence & Integration**

22. Describe how literacy changes confidence.
23. Write about curiosity replacing fear.
24. Define your relationship with technology.
25. Draft a personal AI ethics sentence.
26. Reflect on how tools amplify—not replace—voice.
27. Write a manifesto line about authorship.
28. Identify how you will stay informed.
29. Describe your responsibility as an artist.
30. Write a closing reflection: What does creative sovereignty mean to you?